

# Plant Your Seeds and Watch Them Grow!

## Instructions for Planting Blue Lake Bush Green Bean Seed

Have you ever wondered how a seed becomes a plant? Now is your chance to find out! You get to grow a plant from a seed!

Remember that all plants need these seven things to grow: room to grow, the right temperature, light, water, air, nutrients, and time.

### What you need:

- 1-6 green bean seeds from the 2010 White House Egg Roll
- 1-6 paper cups
- One small plastic lid for each paper cup
- Soil
- Pencil

### What to do:

1. Place your cup on a table covered with newspaper to protect the table. (You could also work outside.)
2. Use the pencil to poke a hole through the bottom of the paper cup.
3. Fill the carton almost full with soil.
4. Make a hole in the soil, about 1 inch (2 cm) deep, with your finger.
5. Place one seed in the hole; then cover the seed with the soil.
6. Place a plastic lid under the paper cup. Water the seed. Set the cup on the lid, and place it in a sunny spot.
7. Water the soil when it looks dry. If you press your finger about 1 inch (2 cm), into the soil and the soil feels dry, then it is time to water your plant. When you water the plant, moisten the soil by using enough water so that it starts to come out of the hole in the bottom of the cup.
8. Remember that it takes time to grow and care for plants. Some plants require more time to grow than others.
9. Around day 15, you should replant your seedling in a larger container or pot.

Be sure to share your plant observations at: <http://seeds.sciencenetlinks.com/>

